



Instructions for organization and screening of patients, visitors and staff and prevention of the spread of COVID-19 in “Blocks Health and Social Care”

I. Purpose and scope

Determining the necessary measures to prevent the spread of COVID-19 among patients, visitors and staff of “**Blocks Health and Social Facilities**”

II. Basic processes

- 1. Entry into the buildings of “Blocks Health and Social Facilities” is only through their main entrances.**
- 2. People without a mask are not allowed to enter.**
- 3. Accompanying allowed only** in cases where it is necessary – one attendant per patient.
- 4. All members of “Blocks Health and Social Facilities” shall be subject to mandatory hand disinfection and a filter** to detect people infected with COVID-19 which shall include:
 - 4.1. body **temperature** measurement;
 - 4.2. a brief **epidemiological screening with questions** to identify suspected patients or contacts;
 - 4.3. only for patients / residents arriving for admission:
 - 4.3.1. filling in a **questionnaire** to Annex 1 to this document;
 - 4.3.2. presentation of a negative PCR test results for COVID-19 performed not more than 48 hours before administration.
5. The movement in “Blocks Health and Social establishment” is through the stairs and in case of impossibility – by elevator with no more than two people in one cabin and in compliance with maximum distance between them.
6. The stay in the establishments is carried out only:
 - 6.1. with a properly placed **mask** that does not come off or down under the nose;
 - 6.2. Subject to a **distance of at least 1.5 meters.**
7. The intake of food and liquids takes place only at the designated places.
8. Extracurricular visits by outsiders are prohibited.
9. **Visits** are allowed according to the regulations of the Ministry of Health – **only for terminally ill patients.**
10. **Hand hygiene** of patients, visitors and staff is applied in the following cases:
 - 10.1. When the hands are visible dirty.
 - 10.2. Before entering the structures of “Blocks Health and Social institutions” and in the rooms of patients / residents.
 - 10.3. Before touching eyes, mouth, nose.
 - 10.4. Before meals, contact with food and medication.
 - 10.5. After sneezing and coughing.
 - 10.6. After visiting the toilet.
 - 10.7. After contact with eyes, mouth, nose, wounds, unhealthy skin, mucous membranes, blood, saliva and other body fluids.
 - 10.8. After contact with banknotes and coins.
 - 10.9. After contact with waste.
 - 11.10 After leaving the patient’s / resident’s room.
11. **Upon identification of a suspected COVID-19 patient / resident at the filter at the entrance to Blocks Health and Social Facilities who:**
 - 11.1. Has an acute respiratory infection (has or reported at least one manifestation: cough, fever, difficulty breathing or other symptoms of a respiratory infection)**and/or**

During **the last 14 days has been in close contact** (cohabitation, sharing a room) with a confirmed or probable case of infection with COVID-19,

11.2. the following measures are taken:

11.2.1. If the patient / resident is **in contact with a confirmed case of COVID-19, he is subject to a 2 week quarantine periode outside of the "Blocks" establishment.**

11.2.2. If the patient has a **fever** or has **symptoms** of a respiratory infection and **does not need urgent care**, he is not allowed in the "Blocks" establishment and is sent with instructions for self-isolation and contact with **his doctor**.

11.2.3. If the patient's condition required urgent care, it is done in a designated room until the arrival of specialized medical care.

11.2.4. The patient is **served by a minimum number of staff, equipped with personal protective equipment** – safety apron, mask, goggles, gloves.

12. When identifying an already admitted patient / resident suspected of COVID-19, the following should happen:

12.1. Clarification of the case by the attending **physician** – whether **there are clinical data for acute respiratory infection** and taking a **detailed epidemiological history**.

12.2. **Isolation of the patient / resident in a separate room.** Placing an inscription on the door **"Restricted access"**.

12.3. Application of **isolation measures for airborne** and **contact-borne** infections.

12.4. **Minimize** the number of **staff** that will come into contact with him.

12.5. **Minimize entry into the isolation room and direct contact** with the patient.

12.6. Work **with personal protective equipment** – protective apron, mask (respiratory type, if any – double disposable medical mask), goggles, two pairs of gloves, hat type "bonnet", socks. Personal protective equipment is put on before entering the isolation room under supervision and with the help of a trained staff member. They are removed immediately before leaving the isolator also under supervision of a trained and equipped person from the staff. **ONLY THE MASK IS REMOVED AFTER LEAVING THE ISOLATION ROOM. HAND HYGIENE IS CARRIED OUT AFTER REMOVING ANY PERSONAL PROTECTIVE EQUIPMENT.**

12.7. Sampling for **testing for the new coronavirus** is performed by the nurse on duty and according to the Sampling Instructions for COVID-19 (throat and nasalsecretions for **PCR**). The samples shall be labeled and sealed in a special waterproof **bag for biological samples** and shall be accompanied by the necessary **documentation and a telephone number for contact with the person** who sent the sample. **Transportation of the samples** to the virological laboratory of **the National Center of Infectious and Parasitic Diseases with a cooler bag, marked with a biohazard sign with specialized transport provided.**

12.8. With a **positive result** and max. up to 24 hours from the establishment of the case:

12.8.1. **The Metropolitan Regional Health Inspectorate (SRZI) and the personal doctor** are informed by phone and with a quick notification for a confirmed case of COVID-19 (tel. of the epidemiologist on duty in the SRZI – 0884889568; 02/8329162) and the officially prescribed measures are followed.

12.8.2. Medical personnel and patients who have been in contact with a COVID-19 positive patient are monitored, examined and quarantined according to the written provisions of the SRZI.

13. **When identifying a person fro the staff** who poses a risk of occurrence and spread of COVID-19 infection, the following actions shall be taken:

13.1. If the person has suspected COVID-19 symptoms, the same is not allowed / removed from work until the symptoms subside and a negative PCR test for COVID 19 is obtained;

13.2. If the person is (or has been) in close contact with a confirmed case of COVID-19, the same is quarantined by the SRZI for a period of 14 days from the date of the last contact, and may appear at work after the quarantine expires and a negative PCR test result for COVID_19 is received.

13.3. If the person has had sporadic contact with a confirmed case of COVID-19, he is subject to medical (self) monitoring and the use of FFP2 respiratory type mask for a period of 14 days from the date of the last contact.

IV. Documentation

- 6.1. Test results for COVID-19
- 6.2. Completed forms for risk assessment and prevention of the spread of COVID-19 at admission

V. Competences

It is applied by the staff of "Blocks Health and Social Care" Ltd.

VI. Glossary

Personal protective equipment (PPE) – any device (equipment) designed to be worn or used by an employee to protect him from one or more hazards threatening his health and safety at work as well as any accessory or special work equipment, designed for the same purpose.

VII. Bibliography

1. Orders of the Ministry of Health, guidelines and instructions of the SRZI in connection with COVID-19